**2022 West Michigan Youth Sailing Association (WMYSA) Championship Series Regatta #4**
**July 29, 2022**

**The Organizing Authority for this Series of Regattas is**
The White Lake Sailing School
6748 South Shore Drive
Whitehall, MI 49461
616-894-4516

# Sailing Instructions

**1 RULES**

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)* except as modified by the WMYSA 2022 Championship Regatta Series Notice of Race and Sailing Instructions. Please note that Class Rules are now referenced in the *RRS* and shall apply. Boats must comply with their Class Rules.

1.1.a The Butterfly Class will be scored as an Open Event. A boat may be sailed either single-handed or with crew, without weight limitations, in any race of the regatta, but the skipper must be the same person for all races at each venue.

1.1.b Boats in the 420 Class shall be limited to 2 sailors.

1.1.c *RRS Rule 33* is changed to allow the Race Committee to make course changes of less than 5 degrees without issuing a signal.

1.1.d *RRS Rule 44.1* is changed so that the words "Two-Turns Penalty" are replaced by "One-Turn Penalty".

1.1.e *RRS Rule 61* is changed to require a competitor to inform the race committee finish boat of its intention to protest, including the sail number of the protested boat, immediately after finishing.

1.1.f *RRS A2* is modified so that no scores will be excluded at an event (there will be no throw outs).

1.2 In accordance with Michigan State Law, the WMYSA requires that any competitor who experiences a potential concussion injury be immediately removed from competition – and will not be allowed to return to competition without a written clearance from a health professional.

1.3 Substitutions of boats and/or sails will not be allowed once racing has started unless permission has been received from the WMYSA Race Committee and Race Chairman.

**2. NOTICES TO COMPETITORS.**

2.1 Notices to competitors will be posted on the official notice board located near the registration table.

**3. CHANGES TO SAILING INSTRUCTIONS.**

3.1 Any changes to these sailing instructions will be posted on the official notice board by 10am or will be announced at the Competitors Meeting or will be communicated on the water to each boat before her warning signal.

**4. SIGNALS MADE ASHORE.**

4.1 Signals made ashore will be displayed on a flagpole or staff on the host yacht club property.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signal AP.

**5. SCHEDULE OF RACES.**

| | |
|---|---|
| 9:00 – 10:00am | Arrival and Rigging, check in and registration |
| 10:00am | Safety, Coach and Race Committee meeting |
| 10:15am | Competitors Meeting |
| 10:30am | Harbor start (launching of boats) |
| | Additional races will follow depending on sailing conditions. |
| | No warning signal will be signaled after 3:00 pm |

**6. SECTIONS – CLASSES.**

| | |
|---|---|
| Optimist Green Fleet | Green flag with Optimist logo |
| Optimist Red/White/Blue Fleet | White flag with Optimist logo |
| Laser 4.7 (ILCA 4), Radial (ILCA 6) and Full (ILCA 7) Fleets | Laser Class Flag |
| Butterfly Fleet | Butterfly Class Flag |
| 420 Jib & Main and 420 Spinnaker Fleets | 420 Class flag |

**7. RACING AREA.**

7.1 There will be two race areas – location dependent on wind conditions.

7.2 Race circle ONE will be for the Optimist Green Fleet and Optimist Red/White/Blue Classes

7.3 Race circle TWO will be for the Butterfly, Laser (ILCA) sand 420 Classes.

**8. COURSES.**

8.1 The courses for the Optimist Circle will be windward leeward with a windward offset mark (rounding marks to port) as shown on Illustrations A and B below.

8.2 The courses for the Butterfly, Laser, 420 Circle will be windward leeward with a windward offset mark as shown on Illustrations C and D. Leeward marks 3S and 3P shall be a "gate" wherein competitors may choose to round one mark or the other. All marks shall be rounded to port except for Mark 3S which shall be rounded to starboard. See Illustrations C and D below.

8.3 A course designated as "1" will consist of one lap around the race course as described on Illustration A or Illustration C.

8.4 A course designated as "2" will consist of two laps around the race course as described on Illustration B or Illustration D.

8.5 The Signal Boat will indicate the course by posting "1" or "2" on the committee boat.

8.6 **On the Optimist course, both the start line and finish line will not be considered an obstruction and will be open to boats sailing downwind.**

**9. MARKS.**

9.1 The windward and leeward marks of the course will be orange floating marks.

**10. THE START.**

10.1 Starts will be a three-minute sound signal sequence pursuant to *RRS Appendix U*.

10.2 The starting line will be between a staff bearing an orange flag on the Race Committee Signal Boat and a mark at the port end of the starting line.

10.3 For any boat deemed OCS at the start, Race Committee will attempt to hail her sail number. Failure to hail or be heard will not be grounds for redress.

10.4 The starting order for all Classes and course diagrams will be distributed at the competitors meeting.

10.5 Class starts on each circle will NOT automatically roll from one start to the next.

**11. CHANGE OF COURSE.**

11.1 To change the next leg of the course, the race committee will move the original mark [or finish line] to a new position. Course changes of less than 5 degrees will not be signaled. This instruction changes *RRS 33*.

**12. THE FINISH.**

12.1 The finish line will be between a staff bearing an orange or blue flag on the Race Committee Boat and a nearby race mark.

12.2 Boats that have finished shall immediately sail to the left or right of the finish line and keep well clear of all boats still racing.

**13. TIME LIMITS.**

13.1 Boats failing to finish within 20 minutes after the first boat in their Class to finish will be scored TLE (Time Limit Expired). This changes *RRS 35*. See Sailing Instruction 15.4 "Scoring".

**14. PROTESTS, PENALTIES AND REQUESTS FOR REDRESS.**

14.1 *Appendix T* of the *RRS* shall not apply. The protest hearing process commonly referred to as "3 Minute Justice" shall apply. This process is described further in Sailing Instruction 14.4 below.

14.2 Competitors are strongly encouraged to take their penalty on the water.

14.3 A boat intending to protest must, at the first reasonable opportunity, inform the protested boat by hailing the word "Protest" and the sail number of the boat they intend to protest.

14.4 The protest hearing process commonly referred to as "3 Minute Justice" shall apply.

14.4.a Upon finishing and before the next warning signal or before the single boat pulls anchor, a boat intending to protest shall inform the signal boat of their intention to protest.

14.4.b Written protest forms must be filed with the Race Committee no later than 30 minutes after the RC signal boat or last competitor has docked, whichever comes later. Dock time should be posted on the official notice board.

14.4.c After returning to shore, representatives of boats who are parties to a protest hearing and their witnesses shall remain in the vicinity of the registration table until their hearing takes place. The skippers involved will be called in the order of the protests recorded by the signal boat upon reaching shore.

14.4.d The Protest Committee shall be comprised of: one coach of the protestor, one coach from the protested, and a third coach from a program not involved in the protest. A coach is defined as a "hired staff member who runs regular on water practice".

14.4.e Each skipper will have approx. 1 minute to describe the situation.

14.4.f Judges will have approx. 1minute to question each skipper.

14.4.g Each skipper shall then have the ability to question each other briefly.

14.4.h If not clear to the judges, they may allow each skipper to call 1 witness.

14.4.i If the Judges cannot adjudicate a decision or if either skipper is not satisfied with the proceedings before a decision is rendered then a full hearing following RRS appendix M shall be held.

14.4.j Once a decision is rendered the protest shall be considered closed. A hearing may be re-opened under RRS 66 at the discretion of the Protest Committee.

**15. SCORING.**

15.1 The Low Point Scoring System of *RRS Appendix A* will apply. *RRS A2* is amended so that each boat's score at each regatta venue will be the sum of all her races. There shall be no throw outs.

15.2 One completed race shall constitute a regatta event.

15.3 A boat that did not start, did not finish, retired after finishing or was disqualified shall be scored for the finishing place one more than the sum of the number of boats registered and checked-in in their Class. This instruction changes *RRS Appendix A 5.2*.

15.4 Boats scored TLE will be scored 2 more points than the last finisher in her Class. This total shall not exceed the number of boats entered in the Class plus one.

15.5 If fewer than 5 boats are entered in a Class, boats may still race and be scored in that Class and be eligible for daily ribbons in that Class, but their contribution to the Cumulative Club Series Championship total scores shall be 1 point per entered boat that completed a race at that event.

15.6 The cumulative Club Series Championship will utilize a high-point scoring system wherein points contributing to each Club's total Series score will be awarded as follows:

Optimist Green:

- 1 point for each entrant who completes at least one race at a venue

Optimist Red/White/Blue, Laser Full, Laser Radial, Butterfly, 420 Jib & Main, 420 with Spinnaker:

- 11 points for the 1st place finisher after all completed races at each venue
- 10 points for the 2nd place finisher after all completed races at each venue
- 9 points for the 3rd place finisher after all completed races at each venue
- 8 points for the 4th place finisher after all completed races at each venue
- 7 points for the 5th place finisher after all completed races at each venue
- 6 points for the 6th place finisher after all completed races at each venue
- 5 points for the 7th place finisher after all completed races at each venue
- 4 points for the 8th place finisher after all completed races at each venue
- 3 points for the 9th place finisher after all completed races at each venue
- 2 points for the 10th place finisher after all completed races at each venue
- 1 point each for 11th place and above after all completed races at each venue

**16. SAFETY REGULATIONS.**

16.1 A competitor retiring from a race shall notify a race committee boat or safety boat before leaving the course, or notify the race committee immediately upon returning to shore.

16.2 Each competitor must wear a personal flotation device (PFD), approved by a recognized authority, properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. Failure to wear one will result in a penalty up to and including disqualification.

16.3 Each competitor must have a whistle attached to his or her clothing at all times, from dock to dock.

16.4 In accordance with Michigan State Law, the WMYSA now requires that any competitor who experiences a potential concussion injury be immediately removed from competition – and will not be allowed to return to competition without written clearance from a health professional.

**17. SUPPORT AND COACH BOATS**

17.1 Unless specifically instructed otherwise by the race committee; all coaches and spectators shall stay outside areas that boats are racing until all boats are finished for the day or the race committee signals abandonment.

17.2 Only registered coaches and safety personnel will be permitted to ride on coach and safety boats.

17.3 All coaches and safety personnel must register with the WMYSA registration staff prior to the end of the 10:00am competitors meeting.

17.4 All coach and safety boats will be assigned and must display WMYSA coach and safety flags at all times while on the water.

17.5 For the Optimist Green fleet, Sailing Instruction 17.1 is changed to allow coaching, by registered coaches, in the bottom half of the Green Fleet during any given race. Green Fleet CODA criteria will apply. Coach boats shall neither create wakes nor otherwise interfere with competitors. The Green Fleet Race Officer reserves the right to alter this Rule on the water during races.

17.6 Coaching and the provision of drinks and/or snacks to competitors is encouraged between races. Support boats providing such assistance shall do so outside the racing area.

17.7 The consumption of alcoholic beverages is strictly prohibited on all coach, safety, support and spectator boats.

17.8 In a general emergency situation, the signal boat will fly the "Y" safety flag (yellow and red stripes) and all support boats will come under the direction of the Race Committee.

17.9 All registered coaches and safety boat passengers are required to wear a personal flotation device (PFD) at all times while on the water.

**18. ENVIRONMENT**

18.1 In accordance with *Rule 47* of the *RRS*, discharge of drink containers, food wrappings and other trash into the water by competitors, support boats or race committee boats is prohibited.

**19. PRIZES.**

19.1 Prizes will be awarded for Classes that meet the minimum number of entries required.

**20. DISCLAIMER OF LIABILITY.**

20.1 Competitors participate in the regatta at their own risk.

20.2 **A parent or legal guardian must sign the "Disclaimer of Liability" on the regatta entry form for each sailor.** This form must be submitted at registration at each event. document is available from your coach, at www.westmichiganyouthsailing.org and at the registration table at each event.

20.3 All parents and guardians of competitors must read and sign the "Parent and Athlete Concussion Information Sheet" required under Michigan State Law. Each club is responsible for collecting these forms and keeping them on file. Concussion forms do not need to be submitted to the WMYSA unless requested.

20.4 Parents/guardians are responsible for the safety of the sailor whom is less than 18 years of age. It is the responsibility solely of the parent(s) of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the event. Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor.

20.5 The organizing authority and all parties involved with the organization of the event disclaim any and every responsibility whatsoever for loss, damage, injury, inconvenience or death sustained in conjunction with or prior to, during, or after the regatta that might occur to persons and goods, both ashore and at sea as a consequence of participation in the races covered by these sailing instructions.

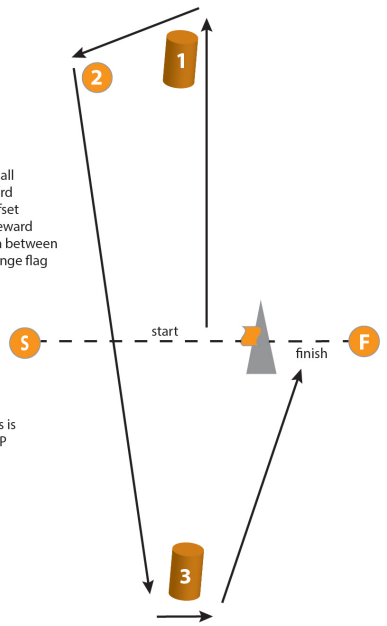
**SEE FOLLLOWING PAGE FOR RACECOURSE ILLUSTRATIONS**

## Illustration A
## OPTIMIST
## COURSE "1"

The start will be between mark "S" and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1, then to offset mark #2, then to leeward mark #3, then finish between mark "F" and an orange flag on the signal boat.

In simple terms, this is considered ONE LAP of the race course.

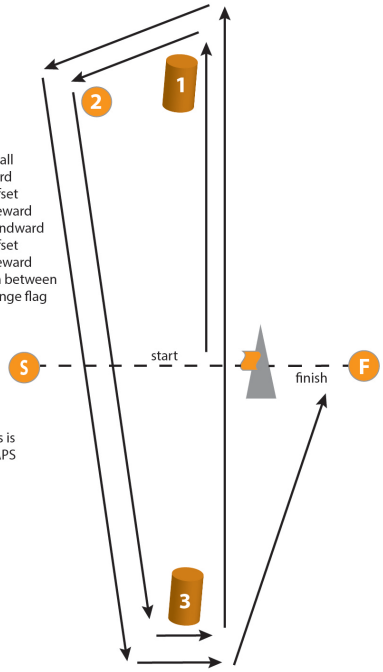



## Illustration B
## OPTIMIST
## COURSE "2"

The start will be between mark "S" and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1, then to offset mark #2, then to leeward mark #3, then to windward mark #1, then to offset mark #2, then to leeward mark #3, then finish between mark "F" and an orange flag on the signal boat.

In simple terms, this is considered TWO LAPS of the race course.

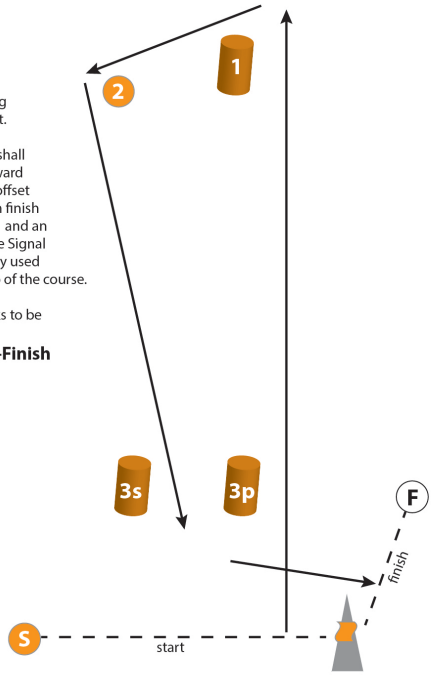



## Illustration C
## Butterfly, Laser, 420
## COURSE "1"

The start will be between mark "S" and an orange flag on the Signal Boat.

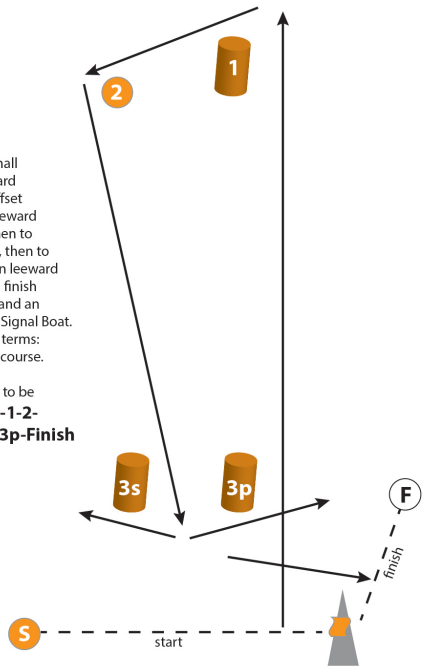
After start, boats shall proceed to windward mark #1, then to offset mark #2, and then finish between mark "F" and an orange flag on the Signal Boat. In commonly used terms: this is 1 lap of the course.

The order of marks to be rounded is:
**Start -1-2-3p-Finish**




## Illustration D
## Butterfly, Laser, 420
## COURSE "2"

The start will be between mark "S" and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1, then to offset mark #2, then to leeward mark #3s or #3p, then to windward mark #1, then to offset mark #2, then leeward mark #3p and then finish between mark "F" and an orange flag on the Signal Boat. In commonly used terms: this is 2 laps of the course.

The order of marks to be rounded is: **Start-1-2-(3s or 3p)-1-2-3p-Finish**